



**AFAP** ... *Wishes You A Very Merry Christmas*

**Celebrate this Christmas! Send your Seasons Greetings to a woman in Africa.**

*Does everyone you know have enough of everything?*

This year give a life changing opportunity to someone in a developing country. When you make a tax-deductible donation to the AFAP Christmas Appeal you will be making a difference to the lives of women, children and their families who live in circumstances that are very different to our own.

From the slums of Nairobi to the rural villages of Zambia, AFAP is working with local partners to make a difference to the lives of women and children who are living in poverty. Many are widows who, despite their poverty, are determined to give their sons and daughters a good start in life. Others may be grandmothers who are raising children orphaned by HIV/AIDS. AFAP and its partners are assisting these women to form self-help groups and provides training in health care and income generation skills, which will make a difference for years to come.

With your help these groups can convert their new skills into practical support for their families. Your generosity could help a women's group set up a small business like a bakery or help them buy small livestock like chickens or a goat which will enable them to feed their families more nutritious food and sell produce like eggs and milk to earn an income. Your gift could also go towards improving access to clean water, which will reduce the prevalence of water borne diseases and enable the establishment of communal vegetable garden.

Your "Seasons Greetings" will make a positive difference to the lives of some of the most disadvantaged people on the planet.....And that is a Christmas gift that really means something!



A Bakery in Zambia supported by AFAP

**AFAP is...***a small not-for-profit, non-religious organisation based in Sydney. Formed in 1968 to assist with emergency relief in the Pacific, today AFAP works at improving the status of women, children, ethnic minorities, disabled and other disadvantaged or marginalised sections of society in more than 20 countries worldwide.*



A communal vegetable garden Zambia

**What your "Seasons Greetings" could buy**

**Better Health and Nutrition**

Disease-free chicken	\$15
Vegetable seeds	\$35
Female breeding pig	\$50
Male goat for breeding	\$70
Provision of medical supplies	\$250
Training in agroforestry and permaculture techniques	\$550
Toilet & washing facilities	\$800
Borehole and pump	\$8,000

**Income Generation**

Carton of wax	\$15
Large pot for dying	\$25
Three packets of dye	\$65
Material for school uniforms	\$190
Sewing machine	\$375
Training in small business skills	\$650

**Our Promise to you**

We promise that for every dollar that the public sends directly to AFAP for its Christmas Appeal, a dollar will be used to assist African women in need. We are able to keep this promise because we receive support in cash and kind from all sorts of other sources. Of course we always welcome donations that help us cover our administration costs (which are less than 10% of AFAP's overall budget).

**DONATE ON-LINE**

[www.afap.org](http://www.afap.org)

**In the box labelled Program to donate to write "African Women"**

Donations of \$2.00 or more are tax-deductible.

**Cheque donations:** Please download and complete a donation form located under the "Support Us" section of this website and mail to:

AFAP  
African Women Christmas Appeal  
PO Box 12  
Crows Nest, NSW 1585

**\*Credit Card donations:** Use the online Credit facility on the website or Call 1800 007 308